


# RuedX Scandinavia 2026 Program




Friday		
Time	Teatersal	H2/H4
18:00 – 20:00	Registration	
20:00 – 21:00	Pre-Party Workshop Torno with Salseros	Pre-Party Workshop AGUA! With Salseros
21:00 – 01:00	Welcome and Opening Party	

# RuedX Scandinavia 2026 Program

	Saturday		
	Structure & Switch	Mental	Flow
	<i>Tumlesal</i>	<i>Teatersal</i>	<i>H2/H4</i>
Time			
09:30 – 10:00		<b>Coffee &amp; hugs</b>	
10:00 – 10:30		<b>Grounding and presentation</b>	
10:30 – 12:00	<b>Rueda Equis</b> <i>rueda-social.dk</i>	<b>Torno confusión</b> <i>Rueda for everything</i>	<b>Active followers – Equal fun &amp; joy</b> <i>Rueda Århus &amp; friends</i>
12:00 – 12:30		<b>Videos, coffee and ice breaking</b>	
12:30 – 13:00		<b>Lunch</b>	
13:00 – 14:30	<b>Rueda in the unfamiliar role</b> <i>Fredensborg Salsa</i>	<b>Switchin' structures</b> <i>Team Austria</i>	<b>Rueda sin manos: Active roles</b> <i>RueDamas</i>
14:30 – 15:00		<b>Videos, coffee and ice breaking</b>	
15:00 – 16:00	<b>Switch Rueda introduction</b> <i>Berlin Switch</i>	<b>Variations on tumba francesa in llanta/avenida</b> <i>Ruedas Calientes</i>	<b>Rueda-cola</b> <i>Treinta y tres Delaware</i>
16:00 – 16:30		<b>Videos, coffee and ice breaking</b>	
16:30 – 18:30	<b>Break</b>		
18:30 – 20:00		<b>Dinner</b>	
20:00 – 21:00	<b>Espejo Switch workshop and practica</b> <i>Rueda Göteborg</i>	<b>It's all about music, Baby</b> <i>Rueda Århus and friends</i>	
21:00 – 01:00		<b>Saturday Night Party w DJ Anna</b> Son show with <i>salsa libre</i> Preparty workshop videos	

# RuedX Scandinavia 2026 Program

	Sunday		
	Structure & Switch	Mental	Flow
	<i>Tumlesal</i>	<i>Teatersal</i>	<i>H2/H4</i>
Time			
09:30 – 10:00		<b>Coffee &amp; goodmorning</b>	
10:00 – 11:30	<b>Avenida Contrario</b> <i>Salsa Næstved</i>	<b>Trio alterno</b> <i>Salseros</i>	<b>Intercambios in Avenida and Linia moderna</b> <i>Salsa Cubana Berlin</i>
11:30 – 12:00		<b>Videos, coffee and ice breaking</b>	
12:00 – 12:30		<b>Lunch</b>	
12:30 – 13:30	<b>Tumba Frencesa con structure</b> <i>A Bailar Hamburg Rueda de Casino Team</i>	<b>Switch Rueda with arriba feeling</b> <i>Salsa Cubana Berlin</i>	<b>Rueda hermosa's new farvoritas</b> <i>Rueda Hermosa</i>
13:30 – 14:00		<b>Videos, coffee and ice breaking</b>	
14:00 – 15:00	<b>Reloj</b> <i>Rueda Alegria</i>	<b>Goodbye LAB</b> <i>To be announced later</i>	<b>Paseos and tarros in rueda Flow</b> <i>Dogville Salsa</i>
15:00 – 15:30		<b>Videos, coffee and ice breaking</b>	
15:30 – 16:00		<b>Grounding, HUGS and goodbye</b>	
16:00 – 17:00	Cleaning		